

PERSONALITY ENHANCEMENT TRAINING

Goal Setting & Decision Making Skills

Set meaningful goals, make confident decisions, and build a clear roadmap for personal and professional success.

3-Phase Program

Certified Trainers

500+ Students Trained

About the Course

Success doesn't happen by chance — it begins with clear goals and the ability to make the right decisions. Many people work hard but struggle to achieve their ambitions because they lack direction, planning, or confidence.

This course is designed to help students, professionals, entrepreneurs, and aspiring leaders define meaningful goals, develop strategic thinking, and make informed decisions with confidence.

By the end of this course, you'll have a clear vision, a structured action plan, and the decision-making skills to achieve your goals with confidence.

3

PHASES

5 Hrs

CONTENT

Live

INTERACTIVE

Yes

CERTIFICATE

Who Should Join

This course is ideal for students, fresh graduates, working professionals, entrepreneurs, managers, and anyone who wants to improve goal setting, planning, and decision-making skills. No prior experience needed.

What You'll Gain



Set meaningful and
achievable goals



Improve problem-solving
and decision-making



Increase focus, productivity,
and confidence

Course Structure

Phase 01 · Self-Awareness & Foundation Building

This phase helps you understand yourself, identify your strengths and values, and build the foundation for setting meaningful goals.

WHAT YOU WILL LEARN

- Self-Understanding
- Importance of Goal Setting
- Laying the Foundation
- Creating Your Personal Vision Statement
- Understanding Personal Values
- Identifying Strengths and Areas for Improvement
- Dealing with Setbacks
- Personal Action Planning
- Identifying Goals
- Goals with SPIRIT Framework
- Turning Dreams into Goals

OUTCOME

- Gain greater self-awareness and build a clear personal vision
- Set meaningful, realistic goals and a positive mindset for success

Phase 02 · Vision Creation & Goal Setting

This phase focuses on creating a long-term vision and setting structured goals across different areas of life.

WHAT YOU WILL LEARN

- Setting Lifetime Goals
- Career Goals
- Financial Goals
- Educational Goals
- Family Goals
- Personal Development Goals
- Physical & Health Goals
- Attitude & Mindset Goals
- Public Service Goals
- Work-Life Balance Planning

OUTCOME

- Create a balanced life plan and prioritize personal and professional goals
- Improve planning, time management, and long-term focus

Phase 03 · Decision Making & Problem-Solving Mastery

This advanced phase develops your ability to analyze situations, solve problems, and make confident decisions individually and within teams.

WHAT YOU WILL LEARN

- Introduction to Problem Solving & Decision Making
- Problem Identification Techniques
- Eight Essentials of Problem Definition
- Problem-Solving Process
- Decision-Making Strategies
- Types of Decisions
- Facts vs Information
- Group Decision Making

- Working Towards Effective Decisions
- SWOT Analysis
- Avoiding Common Decision-Making Mistakes
- Individual Decision Analysis

OUTCOME

- Make informed, confident decisions and solve problems systematically
- Improve analytical thinking and strengthen leadership abilities

What Students Say

"This course helped me define my career goals and gave me a practical roadmap to achieve them. I feel much more focused now."

Rahul Sharma

Engineering Student

"The decision-making frameworks and SWOT analysis sessions completely changed the way I approach workplace challenges."

Priya Nair

Project Coordinator

Frequently Asked Questions

Do I need any prior experience?

No. The course is suitable for beginners as well as professionals who want to become more focused, productive, and confident in decision making.

Is the course practical or theory-based?

The course is highly practical, with self-assessment exercises, goal-planning workshops, case studies, and decision-making simulations.

How will this course help my career?

This course strengthens planning, critical thinking, leadership, and decision-making skills for interviews, workplace responsibilities, and leadership roles.

Will I receive a certificate?

Yes. Participants receive a Certificate of Completion after successfully completing the course.

Ready to Turn Your Goals into Achievements?

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